

2023-2024 Assessment Plan
Exercise Science

Academic year 2023-2024
Exercise Science Learning Outcomes

Interpersonal Skills

Student demonstrates the ability to develop and manage working relationships, a key component of a professional in the field of Exercise Science.

MEASURES	RESULTS	ACTIONS
<p>Practical Assessment</p> <p>Students in the 2nd year of the program.</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive a rating of 6 out of 7 or better on their client surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>
<p>Professional Development</p> <p>Students in the 2nd year of the program.</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive a rating of 6 out of 7 or better on their reflection surveys</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Knowledge

Students demonstrate a vast knowledge of physical fitness assessments, exercises and necessary variations, and training program development.

MEASURES	RESULTS	ACTIONS
<p>Exercise Comprehension</p> <p>Students in the 2nd year of the program.</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive a rating of 6 out of 7 or better on their client surveys</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Science

<p>Practical Assessment</p> <p>Students in the 2nd year of the program</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Direct - Exam (Course)</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive a grade of B or better on their practical assessment.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>
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Professionalism

Students demonstrate the ability to manage a schedule and continue to develop and enhance their skills and understanding in their area of expertise.

MEASURES	RESULTS	ACTIONS
<p>Practical Assessment</p> <p>Students in the 2nd year of the program.</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Indirect - Survey</p> <p><i>Practical Application of Program Design: EXSC 2640</i></p> <p>Target</p> <p>80% of students receive a rating of 6 out of 7 or better on their client surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>
<p>Self Assessment</p> <p>Students in the 2nd year of the program.</p> <p>Implementation Plan (timeline): Spring</p> <p>Key/Responsible Personnel: CJ Erickson</p> <p>Indirect - Survey</p> <p>Target</p> <p>80% of students receive a rating of 5 out of 7 or better on their self assessment surveys.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>