

Assessment Plan Academic Year 2022-2023
 Exercise Science

Academic year 2022-2023

Exercise Science Learning Outcomes

Accurate Assessment

Accurate assessment — Client Consultation

MEASURES	RESULTS	ACTIONS
<p>National Strength and Conditioning Association- Personal Trainer</p> <p>Implementation Plan (timeline) Spring</p> <p>Key/Responsible Personnel Tony Van Acker</p> <p>Direct - Exam (Course)</p> <p>Target</p> <p>80% or greater of the students score above a 70% on the Accurate Assessment sub-score.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Program Management

Goal-specific program design for optimal results

MEASURES	RESULTS	ACTIONS
<p>National Strength and Conditioning Association- Personal Trainer</p> <p>Implementation Plan (timeline) Spring</p> <p>Key/Responsible Personnel Tony Van Acker</p> <p>Direct - Exam (Course)</p> <p>Target</p> <p>80% or greater of the students score above a 70% on the program management sub-score.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Techniques

MEASURES	RESULTS	ACTIONS
<p>National Strength and Conditioning Association- Personal Trainer</p> <p>Implementation Plan (timeline) Spring</p> <p>Key/Responsible Personnel Tony Van Acker</p> <p>Direct - Exam (Course)</p> <p>Target</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>

Exercise Science

80% or greater of the students score above a 70% on the Exercise Technique sub-score.		
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Safe Exercise

Developing and modifying exercises in a safe and effective manner that is adaptable to any client

MEASURES	RESULTS	ACTIONS
<p>National Strength and Conditioning Association- Personal Trainer</p> <p>Implementation Plan (timeline) Spring</p> <p>Key/Responsible Personnel Tony Van Acker</p> <p>Direct - Exam (Course)</p> <p>Target</p> <p>80% or greater of the students score above a 70% on the Safe Exercise sub-score.</p>	<p><i>No results have been added.</i></p>	<p><i>No actions have been added.</i></p>