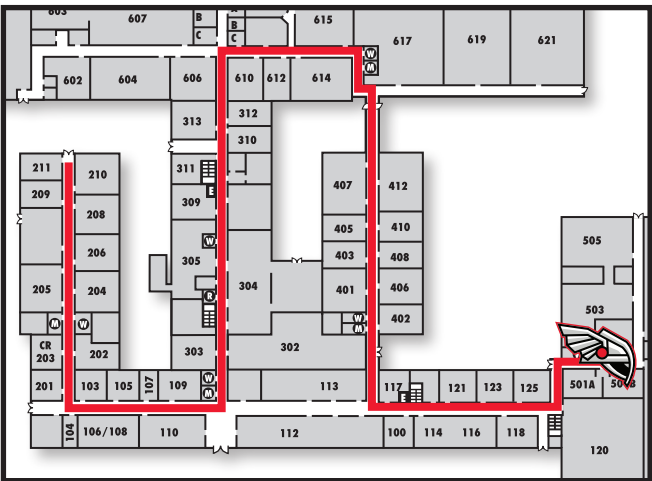




MAKING STRIDES

ATCC Walking Maps

Sponsored by the ATCC Health Promotion Team

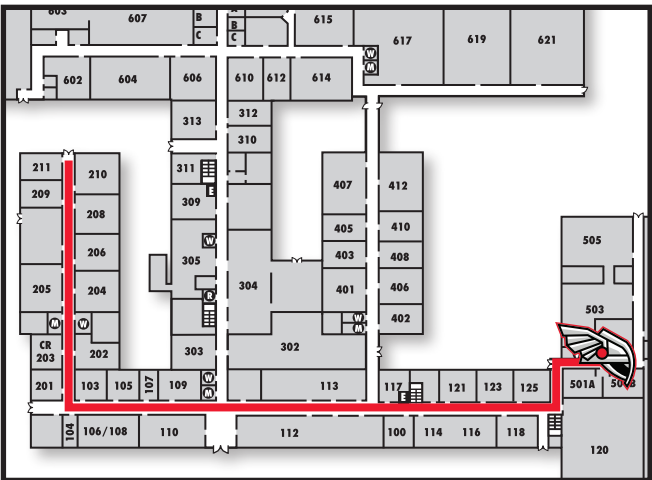


MAIN BUILDING

ROUTE 1

- ½ MILE -

1. Start and end at 500 wing locker rooms
2. Follow the path above
3. Turn around at the end of the 200 wing
4. Retrace your steps to the start to complete ½ mile route



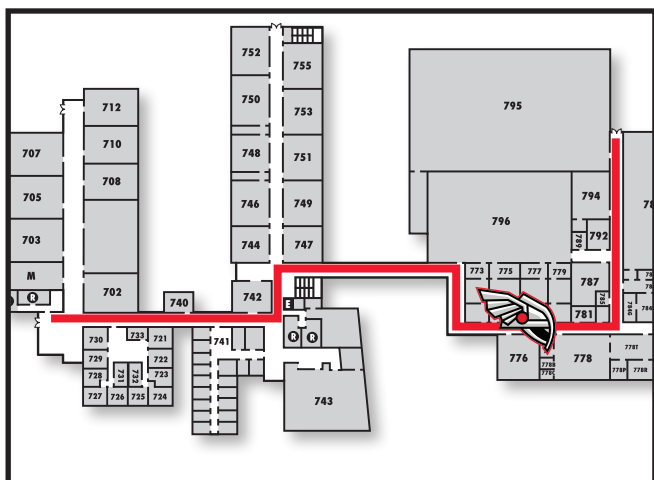
MAIN BUILDING

ROUTE 2

- ¼ MILE -

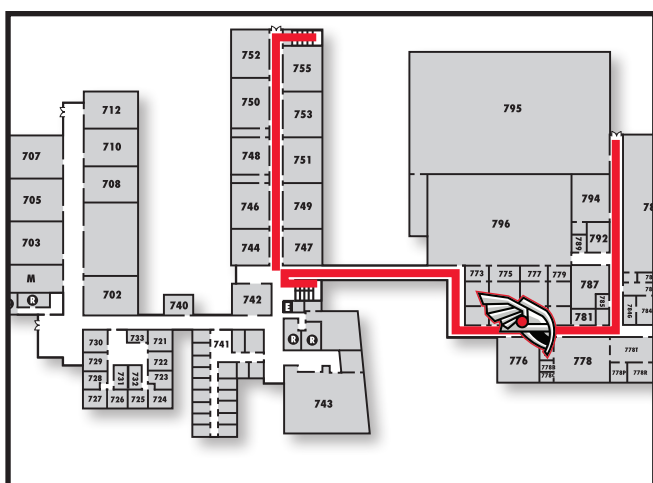
1. Start and end at 500 wing locker rooms
2. Follow the path above
3. Turn around at the end of the 200 wing
4. Retrace your steps to the start to complete ¼ mile route

GO LEGENDS!



700 BUILDING
ROUTE 3
- ¼ MILE -

1. Start and end at the LEC locker rooms
2. Head South to the Tactical Warehouse, turn around
3. Follow the path above to the North Entrance
4. Retrace your steps to the start to complete ¼ mile route



700 BUILDING
ROUTE 4
- ¼ MILE -

1. Start and end at the LEC locker rooms
2. Head South to the Tactical Warehouse, turn around
3. Follow the route to the first set of stairs on the route & take to second floor
4. 2nd Level: walk East, take second set of stairs back down to first floor
5. Follow the route above back to the start to complete ¼ mile route